

Action number: CA23113

Applicant name: Amanda Cei Santos Pirola

Virtual Mobility Details

Title: CA23113 - Climate change impacts on mental health in Europe (ClimMent)

Start and end date: 31/05/2025 to 30/09/2025

Communication Activity

As part of the COST Action CA23113 – *Climate Change Impacts on Mental Health in Europe (ClimMent)*, I participated in a Virtual Mobility Grant within Working Group 1 (WG1), which focuses on identifying key sociodemographic and health-related factors that influence mental health responses to climate change.

I worked under the support and supervision of Sílvia Luís (Portugal) and Ivana Tutić Grokša (Croatia), coordinators of WG1, and contributed to two core deliverables: a systematic review of individual and contextual factors that precipitate eco-anxiety and eco-depression; and preparation for semi-structured interviews with representatives of the lay public, climate activists, policymakers, and mental health professionals.

In addition to collaborative online work and regular WG1 interactions, I had the opportunity to participate in an in-person meeting in Malta.

Overall, I collaborated with researchers based in Portugal, Croatia, Malta, Greece, North Macedonia, and other European countries. Taking part in this interdisciplinary and international network, as well as contributing to research on such a major issue in Europe (and worldwide), was an enriching experience, both personally and academically.

Amanda Cei Santos Pirola

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